

CAREER COUNSELLING



PRACTICAL APPROACH

Lesson plan

I am planning professional future

Level, age of the students:	14-19
Subject:	Construction occupational subjects
Subjects involved:	Advisory class
Aims:	Making students aware of possibilities of further education and occupational development.
Suggested # of students per group:	Praca indywidualna.
Time of the main activity:	15 min
Material:	Multimedia board, computer, sheets of paper, pen.
Competences:	Personal competences, social competences. Objective look at yourself, revealing one's potential, ability to analyse, becoming familiar with possibilities of education and professional development.
Preparatory actions if any:	Access to the Internet, computer and multimedia board.
Expected results:	Ability to plan a professional career path.
Expected difficulties:	Lack of ability to plan a further professional career path, no idea for further development, lack of knowledge about educational and labour market.
Follow up if any:	A tip on what should a student still work on, which character features should be eliminated, which skills acquired.



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TIME	PROCEDURE (T: TEACHER; SS: STUDENTS; O: OTHER)	METHOD
15'	<p>1. A teacher introduces a task and asks a question: “Can you plan your professional future?”</p> <p>2. Then the teacher gives possibilities of further education both for students of vocational school and technical school.</p> <p>Possibilities of further education and professional development:</p> <ol style="list-style-type: none"> 1. Vocational school - 2nd level, 2. Vocational qualifying courses (writes down types), 3. Studies (writes down types), 4. High school for adults, 5. One’s own company (writes down a type), 6. Taking a job (writes down a type), 7. Trainings (writes down a type), 8. Others..... <p>3. Next step is students’ individual work on their own professional path of career. Students on a sheet of paper plan their occupational future (they can create alternative professional path of career).</p>	<p>Individual exercises, multimedia board, Internet, computer, sheet of paper, pen.</p>
	<p>Creating professional path of career is at the same time setting yourself goals which have to be feasible – a role of the teacher is to point a student out whether it is actually possible for him to accomplish these goals the way he planned.</p>	

