

CAREER COUNSELLING



PRACTICAL APPROACH

Lesson Plan

First aid in life-threatening situations.	
Level, age of the students:	15-19
Subject:	Physical education.
Subjects involved:	PE, safety education, biology
Aims:	Premedical first aid skills.
Suggested # of students per group:	14-26
Time of the main activity:	10-15'
Material:	Computer, laptop, smartphone.
Competences:	Digital, personal and social competences.
Preparatory actions if any:	A student gets to know human life- and health-threatening situations (on previous lessons of PE within health education branch).
Expected results:	A student can perform the activities saving human life. A student has knowledge about behaving in human life- and health-threatening situations.
Expected difficulties:	Stress, lack of sufficient theoretical and practical knowledge.
Follow up if any:	Practical classes from the first aid (on following PE lessons within health education branch).



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TIME	STRATEGY OF ACTIONS, PROCEDURE	METHOD, TOOLS
10-15	Students during lessons do a test which then they discuss commonly together with a teacher. (appendix 1)	Computer, laptop, smartphone.

